

Grössentabelle Asics Herren

Men's Tops Size Guide

	S	M	L	XL
Chest	88-96	96-104	104-113	113-124
Waist	75-83	83-91	91-100	100-111
Hips	87-95	95-103	103-111	111-119

How to Measure Your Size?

1. Chest

The tape measure should be snug around your chest. Make sure to keep the tape measure level so that it's straight and parallel with the floor.

2. Waist

Measure around the narrowest part of your natural waistline—where your body creases when you bend slightly forward.

3. Hips

Wrap the tape measure around the widest part of your hips. Keep the tape horizontal while measuring.

